

Catholic Charities

2014-2015 Annual Report: Fiscal Year July 1, 2014 – June 30, 2015

Director's Letter

Dear Friends of Catholic Charities,

Catholic Charities in the Archdiocese of Indianapolis is a human services organization, deeply rooted in faith, and committed to having a profound impact in the communities and on the lives of those we assist and serve.

Catholic Charities agencies located in south central Indiana, specifically Bloomington and Bedford, are known for their compassionate care, with a standard of excellence second-to-none. I view my leadership of Catholic Charities as a calling because my personal goal is to make a meaningful difference in people's lives every day. This is what happens at all of our Catholic Charities agencies. We seek to provide help, create hope and serve all in need.

We are a family of employees, volunteers and supporters. We welcome and serve people of all faiths, educate others about the circumstances of those we assist and serve and advocate for them and for a better society for children, women and families to thrive. It is our recognition of and dedication to cherishing the Divine within every person that enables us to do this.

Through the personal commitment and ministry of our employees, advisory council members, volunteers and supporters, the work done at Catholic Charities in Bloomington and Becky's Place in Bedford, improves the

circumstances and lives of more than 1,600 individuals every year through our comprehensive services: professional mental health services for individuals, couples and families, school counseling services, educational and outreach services and shelter services for single, homeless women and their children.

I have witnessed the generosity of so many throughout the year, and it gives me great hope even in these extraordinarily challenging times. I want to thank each and every one of you for your generous giving of time, talent and financial support to our service agencies in south central Indiana. We find continued joy in helping the women, children and families we serve, and in the fellowship of our volunteers, supporters and staff toward a common goal. We pledge to continue to provide help, create hope and serve all in throughout the coming year – and beyond.

Sincerely,



David J. Bethuram, MA, M.Min., CFLE, AACC

Executive Director

Secretariat for Catholic Charities

Archdiocese of Indianapolis

Shelter Services

Becky's Place provided temporary shelter, meals, counseling, childcare and job assistance for 90 homeless women and children.

Becky's Place is located in Bedford, Indiana and serves single, homeless women and their children with safe shelter, meals, counseling and ongoing case management designed to move them into sustainable living situations.

Services Provided by Becky's Place

- Meals
- Shelter
- Case Management
- Support Services
- Counseling
- Educational Resources
- Vocational Training
- Life Skills
- Compassionate, dedicated staff and volunteers

Rebuilding the Past for a Hopeful Future

Jamie was finally ready to leave the abusive situation with her ex-husband, and as a mom of two young children, she had nowhere to go. Struggling with depression and anxiety on top of everything else, Jamie found herself on the doorstep of Becky's Place in Bedford.

After coming to stay at Becky's Place, Jamie was connected to the counseling services at

Catholic Charities in Bloomington. Catholic Charities' counseling services allowed Jamie a safe, healthy place to work out her life's challenges while getting back on her feet.

Jamie successfully completing the Becky's Place program, and her life blossomed. Jamie moved to Bloomington, got an apartment, successfully passed the GED exam, obtained waiver-based services for

her son with autism, started designing and selling her own jewelry and enrolled in classes at Ivy Tech. Jamie continues to utilize the counseling services of Catholic Charities in Bloomington to develop coping skills and manage her depression and anxiety. She's daily overcoming her abusive situation so she can focus on meeting her goals and building the life she dreams of for herself and her children!

If Not for Becky's Place

Desiree grew up in a single-parent household with an alcoholic mother. Because Desiree's older brother and sister were always getting into trouble, she didn't get the support she needed to learn how to live on her own. "I don't remember anything before my twelfth birthday," recalls Desiree. "But, I only remember this particular birthday because I remember that my mother and her boyfriend at the time were both drunk."

When she was twenty-one, Desiree decided to move to Kansas to be with her father. While in Kansas, Desiree worked two jobs and had her own apartment. Desiree was doing well – happy and healthy. However, about a year later, Desiree's life took an expected turn, spiraling her life into a deep depression, and causing her to make the rash decision to move back to Indiana and live with her older brother.

"I lived with my brother for about three months. But when my Kansas food assistance benefits ended, so did my welcome in my

brother's home." Thankfully, Desiree wasn't on the street, but instead turned to her grandmother and uncle for help.

Living with her grandmother was not easy. Desiree was responsible for driving her grandmother around town and work as well as cleaning, cooking, shopping and anything else her grandmother deemed necessary. "I did everything for her, and one day we got into an argument. My uncle's girlfriend started yelling and calling me names. She dragged me down to the ground and started hitting my face. I had enough. I no longer felt safe. So, I made my way to Becky's Place."

Desiree showed up at the front door of Becky's Place with all the clothes she could carry. "I was met by a kind counselor who asked me questions like why I made my way to Becky's Place. I don't know how I ended up there, but I am glad I did."

Becky's Place provided shelter and created the hope Desiree desperately needed.

"Becky's Place helped me in so many ways," said Desiree. "I have made many new friends. One of the staff at Becky's Place even invited me to attend her church with her. Before this, I had never been, and I really had no religion at all. From then on, my life began to look better. I was only at Becky's Place for three months, but those three months were literally the best three months of my life. I met my best friend, found God and gained a whole new family. I also learned how to budget my money, so I could live better on my own."

Because she feels Becky's Place has helped her so much, Desiree now volunteers her free time to give back to the ladies that helped her.

"Who knows where I would be if I had not come to Becky's Place that day. Becky's Place has helped me change my life for the better," said Desiree. "I am still here because of them."

Mental Health Services in Brief

Catholic Charities in Bloomington provided a total of 10,304 counseling sessions to 1,516 individuals in 2014-2015. Of these individuals, 72% qualified for Medicaid, Healthy Indiana Plan or received a sliding-fee scale payment plan due to extreme financial hardship, including: medical or legal bills, lack of affordable insurance or job loss.

The services provided by Catholic Charities included:

- Individual, family and group counseling
- School counseling
- Teacher training and consultation services
- Psychological and psycho-educational evaluations for adults and children
- Outreach to provide education and supportive services for children, families and adults

Catholic Charities clinicians offered services at:

- Main office in Bloomington
- Becky's Place in Bedford
- Schools in Bloomington and Bedford communities
- Riley Physicians Pediatric Offices in Bloomington and Bedford
- Volunteers in Medicine in Bloomington
- Thriving Connections Community in Bloomington

Catholic Charities works to provide help and create hope for all in need in our communities.



MISSION STATEMENT

Catholic Charities in Bloomington is dedicated to the enhancement of the dignity and functioning of all persons in the community-at-large through education, social services delivery and advocacy. We are committed to working within our communities to remove barriers reduce quality of life for the poor or for persons marginalized by our society in any way. We are dedicated to providing help and creating hope to all in need in our communities.



Play Therapy Program

This year Catholic Charities in Bloomington received a grant to start a Non-Directive Play Therapy Program. Non-Directive Play Therapy is a psychotherapy approach developed to help very young children work through traumatic experiences without needing to use the adult language. The approach works by allowing children to express their feelings freely, facilitating healing, encouraging creative expression, supporting new positive behaviors and improving communication among families with their children. Using these techniques, children as young as two-years-old are able to communicate their stressors in ways

their young vocabularies aren't yet able to manage. Children are usually unable to fully understand violent images, occurrences or extreme communications around them in the same way adults can. These experiences, if left unaddressed, can become barriers to emotional and psychological development. Non-Directive Play Therapy allows children to clearly communicate these barriers and work through their traumas in a safe environment, using their own language – the language of play.

The exact number of young children exposed to trauma in the U.S. is unclear because many incidents go unreported or are not

properly recorded, but a recent report by Child Trends, a non-profit research center that studies the well-being of children in the U.S., suggests that number to be almost 50% of all children.

Thanks to this grant, Catholic Charities has appointed a Play Therapy Coordinator for the agency as well as receive training and on-going supervision in Non-Directive Play Therapy from Registered Play Therapist Supervisor Heather Maritano, LCSW. Three staff members and six student interns are receiving training and supervision in Play Therapy, providing between 25 and 30 Play Therapy sessions to children each week.

Jane's Story

Jane has been receiving counseling services at Catholic Charities in Bloomington for almost two years. When she first sought services, her severe anxiety made it difficult for her to function. Just a year ago, Jane was unemployed, living in her parents' basement and relying on food stamps. She had no health coverage, and Catholic Charities was the only place she could get the help she needed without a source of income.

Jane's severe anxiety surrounding job interviews made her feel hopeless that she could ever get a job and a place of her own. Over the past year, with the support and encouragement of her therapist, Jane has pushed herself to go beyond her comfort zones. Jane goes out to socialize now. She also secured a part-time position as a substitute teacher in addition to pursuing an on-line technical program and moving

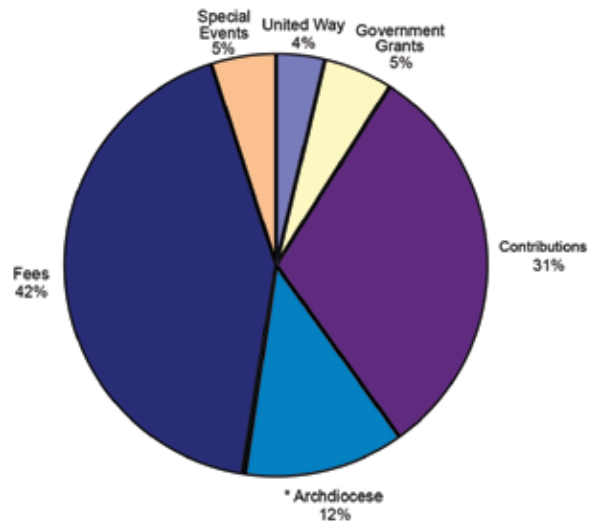
into her own place. She plans to move to Ft. Wayne later this year for more employment opportunities. Without the strategies she learned in counseling and the support of Catholic Charities, Jane would not have been able to make these changes.

Bloomington

Operating Funds Only
Fiscal Year Ended 6/30/15

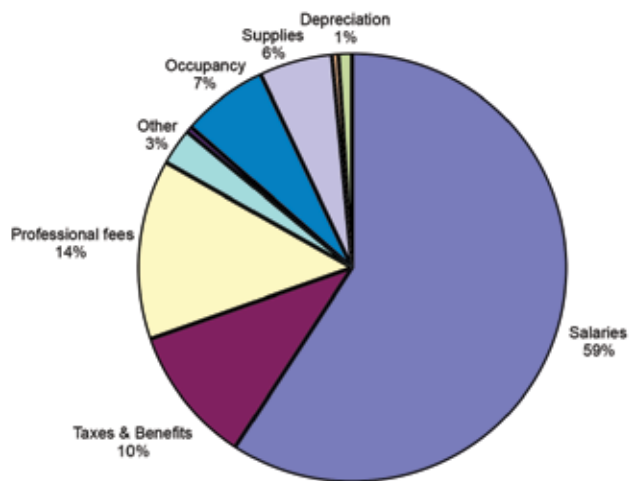
Revenues

United Way	32,679	3.73%
Government Grants	46,487	5.30%
Contributions	272,246	31.05%
* Archdiocese	107,598	12.27%
Other	1,911	0.22%
Fees	372,291	42.46%
Special Events	43,642	4.98%
Total Revenue	876,854	100.00%



Expenses

Salaries	565,119	59.19%
Taxes & Benefits	99,333	10.40%
Professional fees	129,732	13.59%
Other	26,538	2.78%
Specific Asst	4,410	0.46%
Occupancy	62,202	6.52%
Supplies	52,920	5.54%
Transportation	4,615	0.48%
Depreciation	9,825	1.03%
Total Expense	954,694	100%
Net Profit (Loss)	(77,840)	



2014-2015 Agency Council Members & Staff

CATHOLIC CHARITIES Staff

David Bethuram,
Executive Director

Craig Fall,
Interim Associate Director

O'Connell Case,
LCSW, Clinical Director

Kara Lasher, LMHC,
Operations Coordinator

Sheri Benham, MSW,
Staff Therapist

Travis Lawson, MS,
Staff Therapist

Delyn Kazdan, LMHC-A,
Staff Therapist

Stephanie Turpin, LMHC,
Staff Therapist

Brady Hart,
Psychologist Intern

Marianne Davis,
Office Staff

Kiana Vaughn,
Office Staff

Advisory Council Members

Jenny Kincaid,
President

Melanie Castillo-Cullather,
Vice-President

Patrick Clune,
Treasurer

Susan Armeny,
Secretary

Fr. Rick Eldred,
Member

David Gerchak,
Member

Robin Roy Gress,
Member

Fr. John Hall,
Member

Fr. John Meany,
Member

BECKY'S PLACE Staff

Corrina Hayes,
Program Director

Natalie Watson,
Director of Operations/
Case Manager

Heather Umphree,
Office Administrator

Leah Strian,
Case Manager

Jamie Taylor,
Shift Supervisor

Melissa Carter,
Shift Supervisor

Donna Keller,
Shift Supervisor

Cassidy Morron,
Shift Supervisor

Stephanie Turpin,
Therapist

Advisory Council Members

Shawna Girgis

Father Rick Eldred

Shelley Kenworthy

Sister Becky Ryan

Angie Cosner

Amber Chastain

Todd Kidd

Jenny Morgan

Gary Sander

Karen Wade

Catholic Charities
Providing Help. Creating Hope. Serving All.

Catholic Charities
803 N. Monroe Street • Bloomington, IN 47404

**BECKY'S
PLACE**

Providing Shelter, Creating Hope

Becky's Place
1108 5th Street • Bedford, IN 47421

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Indianapolis, IN
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Community Partner



Working to Reduce Poverty in America.



ARCHDIOCESE OF INDIANAPOLIS
The Church in Central and Southern Indiana

Upcoming Events

Becky's Place
Annual Ride
August 20, 2016

Evening Under the Stars
October 8, 2016

Hope Full 5K and Family Fun Run
November 24, 2016

Mardi Gras
February 25, 2017

"We all have the duty to do good." – Pope Francis

The Catholic Community Foundation and Catholic Charities invite you to a **FREE educational session:** Helpful Ideas for Planning for Yourself and Loved Ones, and Leaving a Legacy – The Basics of Estate Planning.

Some topics to be covered include:

- New changes to IRA Charitable Gift Roll-overs
- Endowments set up to support Becky's Place and Catholic Charities

Two sessions available:

- Wednesday, October 5, 2016 at Becky's Place
- Wednesday, October 19, 2016 at Catholic Charities in Bloomington

A light lunch will be served at 11:15 am with the program beginning at 11:30

To register for a session contact

Joanna Feltz at jfeltz@archindy.org or 317-236-1588.

You are encouraged to bring friends and family who have an interest in this learning opportunity.

Sign up for our eNews or donate at cbin.org